



Careers Employability and Work-based Learning for PhD students (5 ECTS)

Module Timetable

5 ECTS 2025 2026



NATIONAL FORUM
FOR THE ENHANCEMENT OF TEACHING
AND LEARNING IN HIGHER EDUCATION



AN tÚDARÁS um ARD-OIDEACHAS
HIGHER EDUCATION AUTHORITY



Rialtas na hÉireann
Government of Ireland

Workshop & Assignment Timetable

Session or Assessment Title	Mode	Details	Date	Time
Complete Skills Audit and Reflective PDF and bring to in-person day	Individual	Due Date	14th January 2026	n/a
Welcome and overview	In Person	Room 201, 2nd Floor, 7-9 Sth. Leinster St.	Thursday, 15th January 2026	10.30am
Workshop: Networking with confidence	In Person	Room 201, 2nd Floor, 7-9 Sth. Leinster St.	Thursday, 15th January 2026	11:00am - 13:00pm
Workshop: Mapping Skills onto Career Options	In Person	Room 201, 2nd Floor, 7-9 Sth. Leinster St.	Thursday, 15th January 2026	14:00pm - 16:00pm
Workshop: The Art and Craft of a Great CV & Cover Letter	Online	Session and materials available on Blackboard	19 th Jan onwards	N/A
Workshop: Designing your Career	Online	Session and materials available on Blackboard	9 th Feb onwards	N/A
Workshop: Navigating the Emotions of Planning & Managing your Career	Online	Session and materials available on Blackboard	23 rd Feb onwards	N/A
Assessment 1 - Skills of a PhD Poster Project	Group	Due Date	27th February 2026	5:00pm
Workshop: Presenting your Best Self at Interview	Online	Session and materials available on Blackboard	9 th March onwards	N/A
Workshop: Intercultural competence and the Global Workplace	Online	Session and materials available on Blackboard	23 rd March onwards	N/A
Assessment 2 - Individual CV Review Session	In-person	Due Date	24th April 2026	5.00 pm
Assessment 3 – Critical Reflective Essay	Individual submission	Due Date	29th May 2026	5:00 pm

Timeline of Module Commitments

Pre-Module:

- Skills Audit and Reflective PDF: 3 hours
- Introduction to the Module Podcast and Student Handbook: 1 hour

During Module:

- Online sessions: approximately 2 hours each (you can pause, reflect, and restart these at any stage)
- Face-to-face sessions: 1 day event (overview, 2x face-to-face workshops and lunch) on **15th January 2026** (compulsory attendance required)
- Reflective journal entries: 1 hour per week (these are optional but recommended)
- Prepare/apply/reflect/recall/extend tasks: 1 hour per week (these are optional but recommended)
- Optional additional webinars: 1 hour each (some available recorded on MyCareer resources, or see MyCareer for upcoming careers events)
- Assessments: 35 hours for critical reflection, 5 for Group Poster Project, 5 for CV & Cover Letter Review

Estimated total time commitment:

Activity	Hours
Skills Audit & Reflective PDF	3
Day event: 2 x face-to-face sessions, overview and lunch	5.5
Online sessions (5)	10
Teaching & Learning activities e.g. further reading, journaling, webinars	61.5
Assessment	<u>45</u>
Total	125