

Clinician evaluation of an online resource for ADHD (Attention Deficit Hyperactivity Disorder) psychoeducation

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Introduction and Objectives



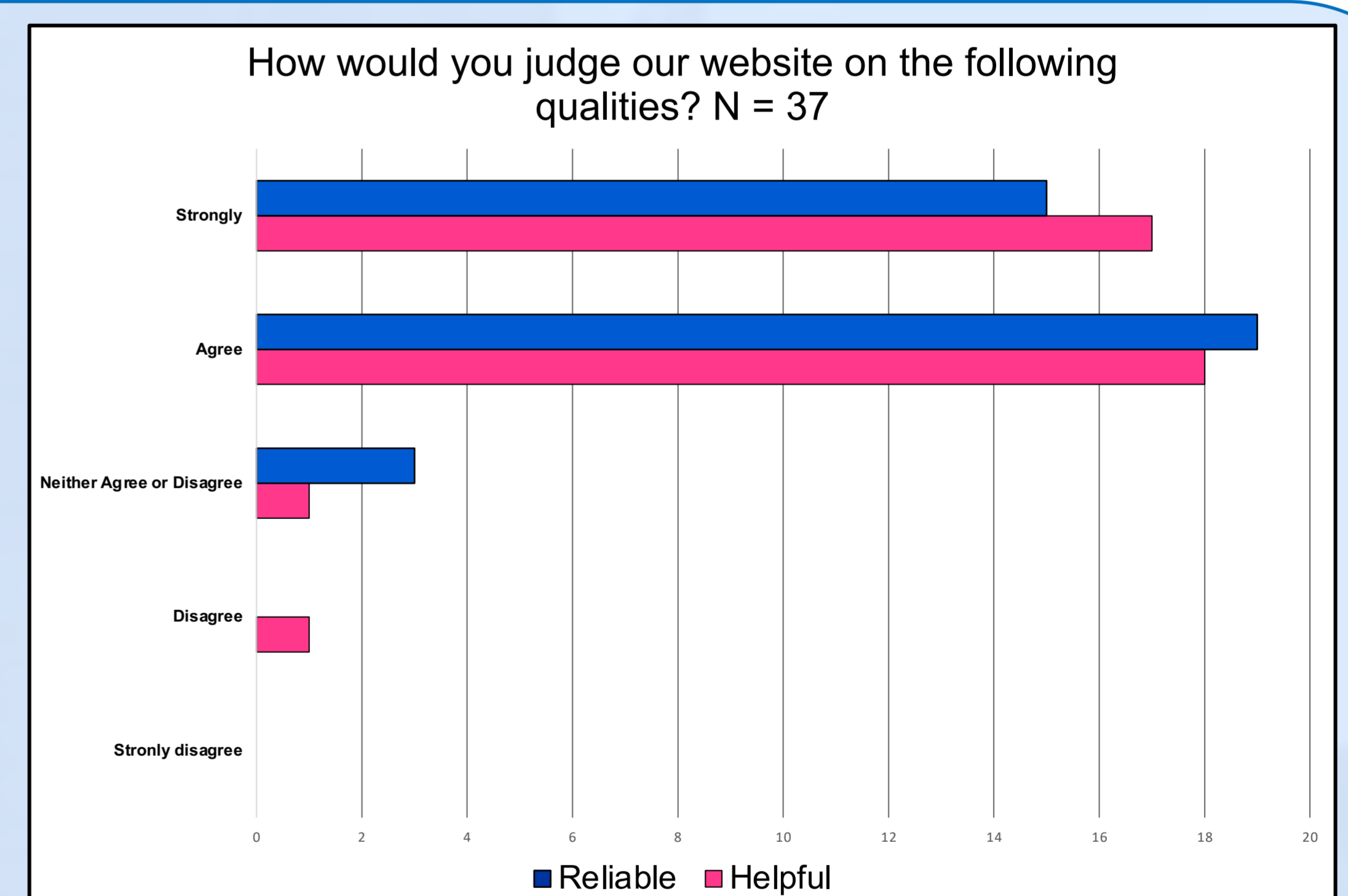
- Attention Deficit Hyperactivity Disorder (ADHD) is the most common condition seen in Child and Adolescent Mental Health services in Ireland, occurring in 1-in-3 presentations¹.
- Adults with ADHD and parents of children of ADHD show a preference and need for destigmatizing online evidence-based information about ADHD, specific demographics with ADHD and user-friendly format^{2,3}.
- During COVID-19 restrictions, mental health professionals in ADMiRE (the HSE's first tertiary ADHD specialist service for children and adolescents in Ireland) developed an online psychoeducational website including current, evidence-based information about ADHD and reliable online/published resources.
- The objective of this study was to conduct a clinician evaluation of the ADMiRE ADHD psychoeducational website via an online anonymous survey asking CAMHS clinicians in CHO7 (Dublin/Kildare/West Wicklow) and CHO4 (Cork/Kerry) for feedback about clinician experience and impression of the website so that it may be further improved and refined.

Methods

- An anonymous online survey was designed on Qualtrics and circulated to all CAMHS clinicians in CHO4 (Cork/Kerry, n = 70) and CHO7 (Dublin/Kildare/West Wicklow, n = 110) between July-September 2023.
- A template email was created with a
 - short description of the survey,
 - link to the website,
 - link to the survey.
- Questions focused on opinions regarding website content (including quality, reliability, accuracy, scope and depth), design and aesthetics, currency of information, authority of source, ease of use, and links.

Results

- The response rate was 25% (40% psychiatrists, 6% nurses, and 54% allied health professionals).
- 92% agreed that the website was useful and professional.
- 94% reported that the site was a trustworthy resource for ADHD information.
- 97% stated that they would recommend the website to patients and work colleagues.
- 96% felt that the new artwork on the website both supported and enhanced the key messages on the website.
- Key themes revealed in the qualitative analysis were:
 - Recommendations for further psychosocial interventions for ADHD
 - Access to ADHD services outside the ADMiRE catchment
 - Exploring ADHD further in the context of neurodivergence
 - Enhancing online interaction on the website.



Discussion and Conclusion

- The results overall suggest strong clinician satisfaction with the content and utility of the website as a psychoeducational tool for ADHD.
- This project highlights the value of a reliable, specialist-verified, online psychoeducational resource for ADHD for clinicians and service users.
- Qualitative feedback obtained through this study is providing positive and constructive suggestions that will aid us in our continued efforts to enhance this website and ensure clinicians and service users are receiving accurate, safe and reliable information about ADHD through an easily accessible and user-friendly resource.



References

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3. Scholze, D.A., Gosdin, M.M., Perez, S.L. and Schweitzer, J.B., 2023. Identifying the Information Needs and Format Preferences for Web-Based Content Among Adults With or Parents of Children With Attention-Deficit/Hyperactivity Disorder: Three-Stage Qualitative Analysis. JMIR formative research, 7(1), p.e47409.