Student Healthcare in Northern Ireland

Registering with a doctor (GP)

A UK student visa entitles you to use of the health service while you are in the UK. We recommend

registering with a GP practice at the start of your studies in case you need healthcare during your

stay. Telephone the doctor's surgery in your area (see list below) to make an appointment to

register and to find out which documents you need to bring. You may like to bring a list of your

medications with you.

Once registered, to get an appointment, phone first thing in the morning from 8.30am, and you will

be put on a list to receive a call from the doctor. If the doctor decides you need to be seen, you will

be offered an in-person appointment. More information on services.

List of GP Practices

University Health Centre at Queens

7 University Terrace, Elmwood Ave, Belfast BT7 1NP

Tel: 028 9066 4634 – A student friendly service but very busy. Dunluce is also an option for South

Belfast.

Dunluce Health Centre – 3 GP Practices

1 Dunluce Avenue, Lisburn Road, Belfast

Dunluce Family Practice (see <u>leaflet for new patients</u>)

Tel :028 9020 4218

Rowan Tree Family Medical Practice

Tel: 028 9020 4216

Elmwood Medical Practice

Tel: 028 9694 1594

Ormeau Park Surgery

281 Ormeau Road, Belfast, BT7 3GG

Tel: 028 9064 2914

Carrick Hill Medical Centre

1 Carrick Hill, Belfast, BT1 2JR (for students living in city centre)

Tel: <u>028 9026 8080</u>

Private Healthcare

If you have insurance which covers private healthcare in the UK and wish to access this, the main

clinics in Belfast are Kingsbridge and Ulster Independent Clinic. Also newly opened is another

option, Emerald Urgent Care Centre, Victoria Street, who offer appointments for a flat fee of £50.

In an Emergency

In case of emergency call 999 (ambulance, fire service and police). Accident and Emergency units

are located at the Royal Victoria Hospital, Falls Road, West Belfast and at the Mater Hospital,

Crumlin Road, North Belfast and Ulster Hospital in Dundonald, East Belfast. More on emergency

<u>services</u>. For dental emergencies either contact your dentist if you are registered with one or call:

028 2566 3510 (weekends and evenings). Visit emergency dental services for further information.

Mental Health Resources

Student Counselling Service

To book an initial SNAP (Support & Needs, Assessment & Planning) appointment visit the Student

Counselling website email student-counselling@tcd.ie or phone 00353 1 896 1407.

Counselling is available online for off-campus students.

See also full list of student support services

24/7 Crisis Helplines in Northern Ireland

LIFELINE

Tel: 0808 808 8000

Lifeline website

THE SAMARITANS

Free call 116 123 from any phone

5-7 Wellesley Avenue, off Malone Road, BT9 6DG

Samaritans website

MENTAL HEALTH ADVICE

Minding Your Head website

COVID

 $\underline{\text{NIDirect}}$ – advice on staying well and preventing the spread of covid and other respiratory infections.